

## Upcoming Events (January 20 edition)

Wednesday, 20 January 2010

### NB Garden club meets Jan. 25

The North Branch Garden club meeting will be held Monday, Jan. 25 at 7 p.m. at the North Branch Community Center at 6th and Maple.

The speaker will be Louella Green, who is an organic master gardener. She will speak on the importance of good soil, amending soil, composting, etc. This meeting is free to members and \$2 for non-members.

### Rib Feed to support New Pathways, Inc.

New Pathways, Inc., an organization serving at-risk families with children from central minnesota, is holding a Rib Feed Saturday, March 6, 4-8 p.m. at the American Legion in Cambridge.

The dinner includes smoked ribs, beans, coleslaw and corn bread. Cost is \$10, kid&rsquo;s, up to age 12, \$5.

New Pathways, Inc. provides shelter and support services to local homeless families with children.

### Video on Afghanistan

Peace In Action is sponsoring a showing of &ldquo;Rethink Afghanistan&rdquo; on Feb. 5, at the new St. Croix Falls Public Library. Rethink Afghanistan is a ground-breaking, full-length documentary focusing on the key issues surrounding the war in Afghanistan. Come and learn a little more about this mysterious war in a far away country where the US has been fighting since October 1, 2001 and where the Soviet Union fought unsuccessfully for 10 years before withdrawing their forces in 1989.

The video will be shown at 7:00 pm and is 75 minutes long.

From Hwy. 8, go north 3 blocks on Hwy. 87 (Washington St.). The library is on the right side of the road - just before the Holiday Station.

### Overeaters group meets Jan. 19 at new location

Beginning Jan. 19 the Forest Lake Overeaters Anonymous group will meet at Maranatha Assembly of God Church 24799 Forest Boulevard (Hwy 61).

Have you tried virtually every method to lose weight without lasting success? The H.O.W. (Honest, Open-minded, Willing) format program of Overeaters Anonymous may be your solution.

The H.O.W. concept is an alternative for people who have tried everything else. It is a structured and disciplined program for food-addicted people and is based on the 12-Step program of Alcoholics Anonymous.

The Forest Lake group of Overeaters Anonymous meets every Tuesday evening from 6:30 p.m. to 8:30 p.m. at Maranatha Assembly of God Church. There are no dues or fees for members. The meeting is self-supporting through member contributions and is open to anyone who has a desire to stop overeating.

For more information call Marian at (651) 257-6045.